

# St. Petersburg Times

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## Learning to handle grief



CHRIS ZUPPA | Times

Matthew E. Sheridan of Riverview hugs his children, from left, Matthew J., 12, Sage, 11, and Noah, 9, before a weekend camp in Brooksville called Circle of Love, which in part teaches children and teens how to cope with the loss of family members. "It's the first time away from me since her death," their father said, speaking of his wife, Karie, who died in February. "I just hope they can spend some time and reflect on the good times they had with their mom."